



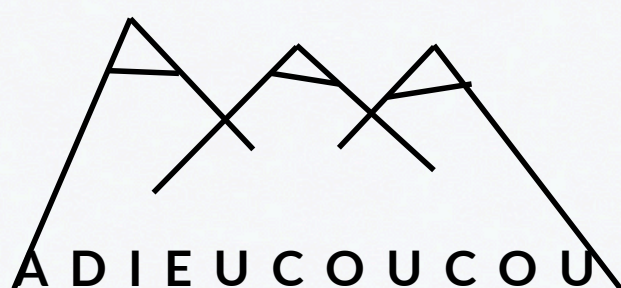
**BROADCAST FILE**



**MAMIMOURU**

**THAÏS MARTIN**  
**ASSOCIATION ADIEUCOU COU**  
**55 MINUTES**  
**ALL AGES UP 8**

**LIVE SHOW**  
**HYBRID SOLO**  
**CLOWN PERFORMANCE**  
**AGING CIRCUS**







# INTENTIONS

MAMIMOURU IN ONE WORD. LIKE A BLOCK, SOMETHING DENSE AND TENUOUS. THIS TITLE CAME TO ME, TO EVERYONE'S SUPRISE, WHEN MY DEAR GRANDMA DIED AND I HAD TO WRITE A TEXT FOR HER FUNERALS.

I FELT LIKE A GAP BETWEEN ART AND EVERYDAY LIFE, A KIND OF BRIDGE, SOMETHING TO WAVE, TO DIG INTO. IT INSPIRED ME AND I STARTED THINKING ABOUT WRITING A SOLO, TO TALK ABOUT FUNERALS, DEATH, THE ANNOUNCEMENT OF DEATH AND THEN THE LIFE THAT WILL NEVER BE THE SAME AGAIN BUT A LITTLE BIT THE SAME BUT NOT REALLY.

AND THEN, MY DESIRES EXPANDED .. I WANTED SOMETHING HYBRID, SOMETHING IN BETWEEN THE SAD CLOWN SHOW, THE DANCE PERFORMANCE AND UNFILTRED THEATER. I ALSO WANTED TO TALK ABOUT THE LIVING, ABOUT PAIN (SINCE IT BELONGS TO THE LIVING), ABOUT OUR STRUGGLES TO BE WELL OR TO LEARN HOW TO LIVE WITH OUR INVISIBLES DIFFICULTIES. ABOUT OUR CAPACITY FOR RESILIENCE AND THINGS THAT TRANSFORMS.

SINCE EVERYTHING PASS OR GET TRANSFORMED, IT SEEMS THAT I AM ALIVE, SO I WANT TO KNOW IF I AM OK, I WANT TO KNOW HOW TO BE OK.

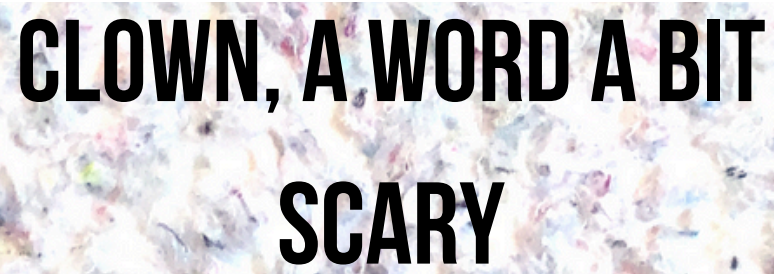
THE SUBJECT OF MENTAL HEALTH IS ONE OF MY ARTISTIC EMERGENIES AND A LEIVMOTIV IN MY LIFE, ESPECIALLY ANXIETY.

SELF-HATRED/SELF-LOVE ARE CONCRETE CONCEPTS THAT TOUCH ME AND THAT I WANT TO EXPLORE THROW THIS PIECE.

I AM INTERESED BY TRANSITORY STATES, IN THE RELATIONSHIP WITH ONESELF.

PAY TRIBUTE TO THE UNLIVING AND CELEBRATE THE DAYS.

SURROUND OURSELFS WITH THE PEOPLE WE LOVE.



# CLOWN, A WORD A BIT SCARY

SOMETIMES I DON'T LIKE TO SAY OR TO WRITE THAT CLOWN IS WHAT I DO.  
BECAUSE MOST A THE TIME, I SUSPECT THAT THE PERSON IN FRONT OF ME  
HAS AN IMAGINATION THAT DOES NOT MATCH WITH WHAT I TRY TO DO. AND  
THAT IS NORMAL.

IN THE COLLECTIVE IMAGINATION AND IN GLOBAL REPRESENTATIONS, WE  
CAN HAVE AN IDEA OF THE CLOWN THAT COMES FROM DIFFERENTS PLACES :  
MCDONALD'S /THE FUNFAIR CLOWN / THE JOCKER / AGRESSIVE OR EVIL  
CLOWNS IN THE MOVIES...A MELTING-POT.  
IF I TAPE « CLOWN » ON INTERNET, I HAVE VERY COLORFUL BANK OF IMAGES  
AND MOST OF THEM DO NOT CORRESPOND TO MY PRACTICE.

SO, WHAT CLOWN DOES MEAN TO ME ?

IT IS HARD TO PUT INTO WORDS BUT I WOULD SAY THAT IT IS AN ARTISTIC  
PRACTICE IN THE SAME WAY AS THEATER.

IT IS NAÏVE, SPONTANEOUS CHARACTER WITH NO SOCIAL CODES, WHICH  
GIVES THEM IMMENSE FREEDOM TO TACKLE DIFFICULT, INTIMATE OR  
POLITICAL ISSUES...

TO SHED LIGHT ON THE WAY WITH FUNCTION.

IT IS AN ART THAT REQUIRES TECHNIQUE, PATIENCE AND TIME, BUT ALSO  
THE ABILITY TO BE VULNERABLE AND TO MOP UP THE OTHER PERSON'S  
EMOTIONSS, GIVING THEM BACK WITH A LITTLE TOUCH OF SOMETHING  
EXTRA.

LIKE A SPONGE.

YES, CLOWN = SPONGE



# CONTENT SHOW

**MAMIMOURU IS A PLAY WITH MANY LAYERS.**

**IT'S A CHARACTER'S QUEST FOR ANSWERS TO HIS EXISTENTIAL OR EVERYDAY QUESTIONS.**

**IT'S AN INNER JOURNEY TO UNDERSTAND THE EXTENT OF ANXIETY AND GIVE IT SHAPE.**

**IT'S AN ATTEMPT TO DEFINE THE CONTOURS OF FUNERALS, OF MOURNING, OF THE POSSIBILITY OR WILL TO DIE.**

**IT'S A CLOWN SHARING HIS STATE OF MIND AND BODY**

**BUT ABOVE ALL, HE RAISES THE QUESTION OF SELF-LOVE AND HOW TO FEEL GOOD.**

**IT'S LIKE A LOT OF HAIR IN THE SOUP,**

**IT ENDS UP MAKING A SOUP OF HAIR,**

**BUT FINALLY,**

**IT'S**

**DELICIOUS.**



**SO THERE WILL BE SOME FUNNY MOMENTS, I REALLY HOPE SO. BUT LET'S NOT LIE, IT WILL ALSO BE NOSTALGIC, TRAGIC, POETICALLY COOL, BUT A LITTLE FUNNY OTHERWISE IT WOULD BE DRAMATIC.**

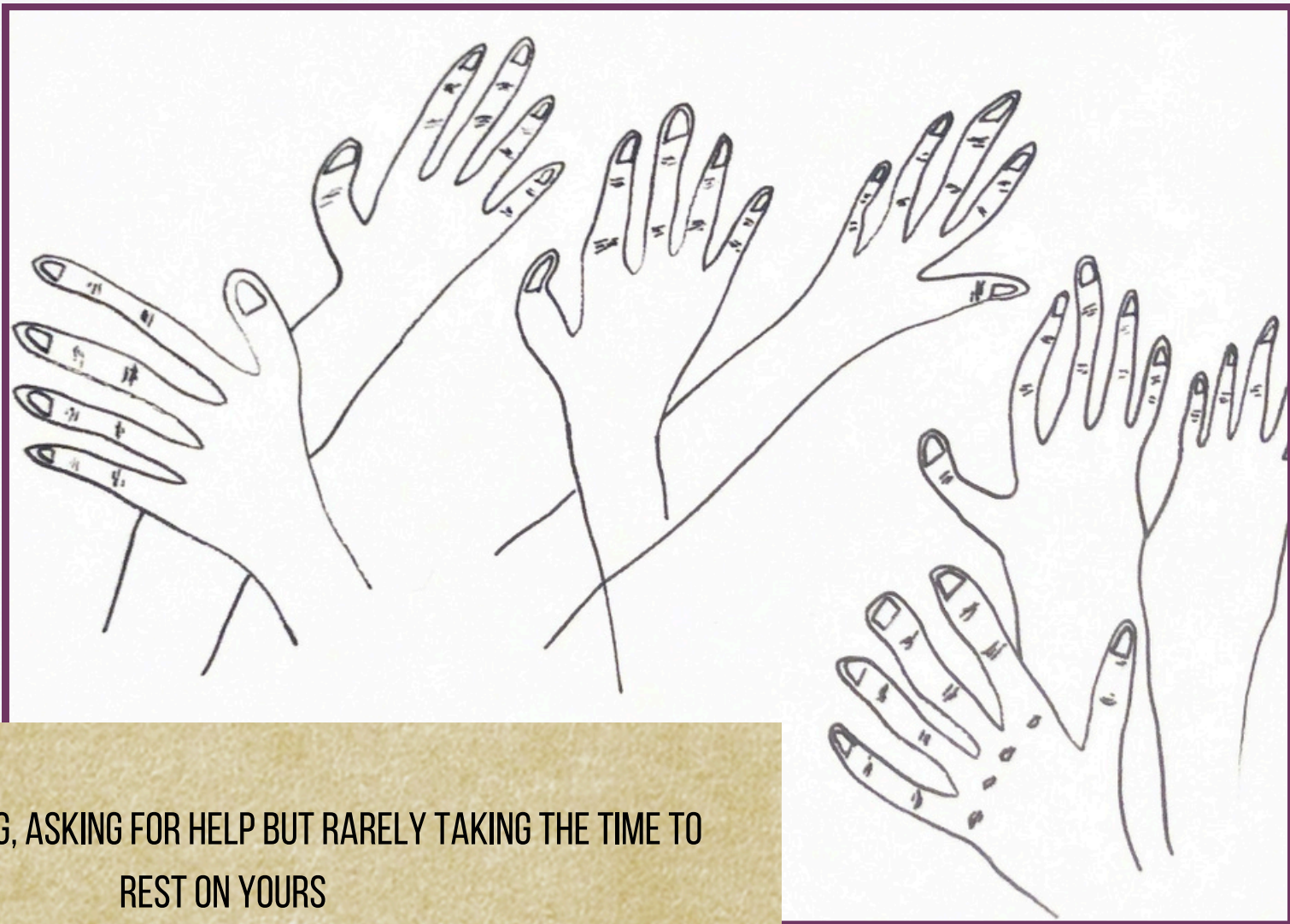
**ACTUALLY, MY GREATEST WISH WOULD BE TO BE ABLE TO LAUGH IN THE THEATER ABOUT THINGS THAT MAKES US CRY IN LIFE**



HOW DO WE KNOW IF WE ARE OK ?

IT SEEMS TO ME THAT WHAT WE'RE LOOKING FOR IN LIFE IS TO FEEL GOOD.  
SO WHY DO WE SPEND SO MUCH TIME DOING OTHER THINGS?

(AM I OK ?)



HANDS ARE WAVING, ASKING FOR HELP BUT RARELY TAKING THE TIME TO  
REST ON YOURS

BEHIND EVERY STRUGGLE THERE ARE BODIES  
AND BRAINS

BUT IF OURS ARE MIRED IN ANXIETY PARALYZED BY ANGUISH  
THE STRUGGLE IS PREVENTED  
YET MANY STRUGGLES ARE NECESSARY

TO TALK ABOUT WHAT MAKES ME/US  
VULNERABLE  
WITH STRENGTH AND WITHOUT  
COMPROMISE.



**I HACE SO MANY QUESTIONS FOR YOU**

**HOW DO WE TALK ABOUT HOW WE FEEL, AND  
WITH WHOM?**

**WHAT ARE OUR WORDS FOR WHEN WE ARE NOT  
FEELING WELL, NOT WELL AT ALL?**

**HOW DO WE VERBALIZE WHAT WE FEEL INSIDE?**

**MY ANXIETY ISN'T THE SAME AS YOUR ANXIETY, BUT WE USE THE SAME WORD, SO HOW  
CAN WE UNDERSTAND EACH OTHER?**

**EMPATHY, PUTTING OURSELVES IN SOMEONE'S SHOES.**

**HOW DO WE ASK QUESTIONS OF THE PEOPLE WE CARE ABOUT TO FIND OUT HOW THEY'RE  
DOING ?**

**HOW DO WE TAKE AN INTEREST?**

**HOW DO WE MAKE TIME FOR IT ?**

**WHAT ROOM DE WE LEAVE FOR SILENCE IN ALL OUR ATTEMPTS TU UNDERSTAND EACH  
OTHER ?**



**MAMIMOURU WON'T BE ABLE TO ANSWER  
EVERYTHING, THAT'S FOR SHURE. BUT HERE IS  
WHAT HAS SHAPED TO CREATION PROCESS  
AND WHAT CONTINUES TO ANIMATE THE GAME**



# ABOUT THE FORM

ON STAGE, THERE IS  
ONE PERSON, SO IT'S A SOLO,  
PROPS SUCH AS PLASTIC  
FLOWERS, A SURVIVAL  
BLANKET, CHAINS, A RED  
CARPET AND A REALLY  
SMALL CHAIR.

INDOOR

INDICATIVE CAPACITY 100 PEOPLE

55 MINUTES

ALL AUDIENCES AGES 8 AND UP

FRONTAL / 180°

IN FRENCH / SUBTITLES IN ENGLISH  
OR GERMAN POSSIBLE

THERE WILL BE TWO PARTS:  
ONE WITH THE CLOWN CHARACTER, NAMED **BOULI**  
AND A SECOND PART, WITHOUT THIS CLOWN CHARACTER.  
LIKE PEELING AN ONION.



A BEGINNING,  
A MIDDLE  
AND AN END.  
BUT ABOVE ALL, AN END.



# **FROM WHERE I SPEAK**

**THAIS MARTIN / PROJECT LEADER**



**I AM A NON-BINARY PERSON  
AND WHITE.**

**BORN IN GENEVA IN 1996 AND LIVING THERE  
UNTIL I WAS 18,  
I HAVE HAD MANY PRIVILEGES.**

**I AM MIDDLE CLASS AND  
HAVE GENERALIZED ANXIETY DISORDER.**

**ARTISTICALLY, I AM A TRAPEZE ARTIST,  
CLOWN, DANCER/PERFORMING ARTS WORKER.**

**TRAINED IN GENEVA AND AT THE LYON CIRCUS SCHOOL, SPECIALIZING IN STATIC  
TRAPEZE, CIRCUS HAS BEEN MY BASE FOR ABOUT FIFTEEN YEARS. I THEN  
DISCOVERED THE PROFESSIONAL WORLD, WHILE CONTINUING TO TRAIN AS A  
CLOWN ALONGSIDE ÉRIC BLOUET, ALEXANDRE BORDIER, CHRISTINE ROSSIGNOL,  
MICHEL DALLAIRE, AND SKY DE SELA.**

**I HAVE BEEN DRAWING/PAINTING FOR ABOUT TWENTY YEARS. ON STAGE, I HAVE  
COLLABORATED WITH THE COMPANIES LA JUNE, LE BESTIAIRE, SALE BÊTE PROD,  
LE CIRQUE DES PETITES NATURES AND I AM CURRENTLY WORKING IN THE  
COMPANIES LA GRUE AND JUSTE ICI.**







# CREATIVE TEAM

**SOUND/LIGHT/SET DESIGN** TIKI ET CAROLINE SAVARY

**DRAMATURGY ACCOMPANIMENT** ANNE-LAURE SAHY

**CHOREOGRAPHIC OUTSIDER VIEW** MILENA EREZ

**CLOWN OUTSIDER VIEW** SANDRINE CHERVET

**MUSIC** KOJI, CAROLINE SAVARY, PABLO MANUEL

**HELP WITH TEXT** LÉA EIGENMANN

**TEASER ET PHOTOS** CIEL SOURDEAU

**CONCEPTION AND INTERPRETATION** THAÏS MARTIN



**COPRODUCTION** ABRI GENÈVE

**SUPPORT** VILLE DE GENÈVE, FONDATION BEA, FONDATION ENGELBERTS

ONE DAY SOMEONE TOLD ME  
“LIFE IS JUST A SERIES OF DAYS”

I’VE BEEN A LITTLE MORE AT PEACE EVER SINCE





# ON TOUR

TIKI /LIGHT MANAGEMENT

SOUFYANE KINANY / SOUND MANAGEMENT

THAÏS MARTIN / INTERPRETATION

ASSOCIATION ADIEUCOUCOU

13 CHEMIN DE PLEIN CHAMP

1241 PUPLINGE

SWITZERLAND

ASSO.ADIEUCOUCOU@GMAIL.COM

WWW.ADIEUCOUCOU.COM



TECHNICAL FILE AND PRICE

ON REQUEST

